

# Spring Term Pool Programme 2026

Monday 16th March 2026 - Sunday 12th April 2026

Please be aware the facility must be clear of all members within **15 minutes** of sessions ending.

## Monday 16th March

06:30-08:30 Lane Swim  
12:30-13:15 Lane Swim  
19:15-20:30 Lane Swim

## Tuesday 17th March

06:30-08:30 Lane Swim  
12:30-13:15 Lane Swim  
18:00-20:00 Lane Swim

## Wednesday 18th March

06:30-08:30 Lane Swim  
12:30-13:15 Lane Swim  
19:30-20:30 Lane Swim

## Thursday 19th March

06:30-08:30 Lane Swim  
12:30-13:15 Lane Swim

## Friday 20th March

06:30-08:30 Lane Swim  
12:30-13:15 Lane Swim

## Saturday 21st March

12:30-13:30 Lane/Family Swim

## Sunday 22nd March

10:00-11:00 Lane/Family Swim  
13:30-15:30 Lane/Family Swim

## Monday 23rd March

06:30-08:30 Lane Swim  
12:30-13:15 Lane Swim  
19:15-20:30 Lane Swim

## Tuesday 24th March

06:30-08:30 Lane Swim  
12:30-13:15 Lane Swim  
18:00-20:00 Lane Swim

## Wednesday 25th March

Main Pool 06:30-08:30 Lane Swim  
Main Pool 12:30-13:15 Lane Swim  
Main Pool 19:30-20:30 Lane Swim

## Thursday 26th March

Main Pool 06:30-08:30 Lane Swim  
Main Pool 12:30-13:15 Lane Swim  
Main Pool 18:30-20:30 Lane Swim

## Friday 27th March

Main Pool 06:30-08:30 Lane Swim  
Main Pool 12:30-13:15 Lane Swim  
Main Pool

## Saturday 28th March

12:30-13:30 Lane/Family Swim Both Pools

## Sunday 29th March

10:00-11:00 Lane/Family Swim Both Pools  
13:30-15:30 Lane/Family Swim Both Pools

## Monday 30th March

Main Pool 06:30-08:30 Lane Swim  
Main Pool 09:00-09:30 Small Splash  
Main Pool 12:30-14:00 Lane Swim  
Main Pool 16:30-17:30 Family Swim  
Main Pool 18:30-20:30 Lane Swim

## Tuesday 31st March

Main Pool 06:30-08:30 Lane Swim  
Main Pool 09:00-09:30 Small Splash  
Main Pool 12:30-14:00 Lane Swim  
Main Pool 16:30-17:30 Family Swim  
Main Pool 18:30-20:00 Lane Swim

## Wednesday 1st April

Main Pool 06:30-08:30 Lane Swim  
Main Pool 09:00-09:30 Small Splash  
Main Pool 12:30-14:00 Lane Swim  
Main Pool 16:30-17:30 Family Swim  
Main Pool 18:30-20:30 Lane Swim

## Thursday 2nd April

Main Pool 06:30-08:30 Lane Swim  
Main Pool 09:00-09:30 Small Splash  
Main Pool 12:30-14:00 Lane Swim  
Main Pool 16:30-17:30 Family Swim  
Main Pool 18:30-20:30 Lane Swim

## Friday 3rd April-Monday 6th April

**Easter Weekend Closed**

## Tuesday 7th April

Main Pool 06:30-08:30 Lane Swim  
Small Pool 09:00-09:30 Small Splash  
Main Pool 12:30-14:00 Lane Swim  
Small Pool 14:30-15:30 Small Splash  
Main Pool 16:30-17:30 Family Swim  
Main Pool 18:00-20:00 Lane Swim

## Wednesday 8th April

Main Pool 06:30-08:30 Lane Swim  
Small Pool 09:00-09:30 Small Splash  
Main Pool 12:30-14:00 Lane Swim  
Small Pool 14:30-15:30 Small Splash  
Main Pool 16:30-17:30 Family Swim  
Main Pool 18:30-20:30 Lane Swim

## Thursday 9th April

Main Pool 06:30-08:30 Lane Swim  
Small Pool 09:00-09:30 Small Splash  
Main Pool 12:30-14:00 Lane Swim  
Small Pool 14:30-15:30 Small Splash  
Main Pool 16:30-17:30 Family Swim  
Main Pool 18:30-20:30 Lane Swim

## Friday 10th April

Main Pool 06:30-08:30 Lane Swim  
Small Pool 09:00-09:30 Small Splash  
Main Pool 12:30-14:00 Lane Swim  
Main Pool 14:30-15:30 Small Splash  
Main Pool 16:30-17:30 Family Swim  
Main Pool 18:00-20:00 Lane Swim

## Saturday 11th April

Main Pool 08:00-09:00 Lane Swim  
Small Pool 09:00-10:00 Family Swim  
Main Pool 12:30-13:30 Lane/Family Swim  
Main Pool

## Sunday 12th April

Main Pool 08:00-09:00 Lane Swim  
Both Pools 09:00-10:00 Family Swim  
Both Pools 12:30-13:30 Lane/Family Swim  
Both Pools 14:30-15:30 Family Swim

## Pool Supervision

### Under 4yrs



1 Adult : 1 Child  
In the water

### 4yrs-7yrs



1 Adult : 2 Children  
In the water

### 8yrs-10yrs



An Adult must remain in  
the centre whilst  
children swim



Permitted to use the  
centre unaccompanied

Members are permitted to bring a maximum of five guests at any one time, the guests must be supervised by the member for the duration of their visit.