Autumn Term Pool Programme 2026

Monday 16th November 2026 - Sunday 20th December 2026

St Swithun's WINCHESTER

Please be aware the facility must be clear of all members within 15 minutes of sessions ending.

Monday 16th November

06:30-08:30	Lane Swim	Main Pool
12:30-13:15	Lane Swim	Main Pool
19:15-20:30	Lane Swim	Main Pool

Tuesday 17th November

06:30-08:30	Lane Swim	Main Pool
12:30-13:15	Lane Swim	Main Pool
18:00-20:00	Lane Swim	Main Pool

Wednesday 18th November

06:30-08:30	Lane Swim	Main Pool
12:30-13:15	Lane Swim	Main Pool
19:30-20:30	Lane Swim	Main Pool

Thursday 19th November

06:30-08:30	Lane Swim	Main Pool
12:30-13:15	Lane Swim	Main Pool
18:30-20:30	Lane Swim	Main Pool

Friday 20th November

06:30-08:30	Lane Swim	Main Pool
12:30-13:15	Lane Swim	Main Pool

Saturday 21st November

12:30-13:30	Lane/Family Swim	Both Pools

Sunday 22nd November

10:00-11:00	Lane/Family Swim	Both Pools
13:30-15:30	Lane/Family Swim	Both Pools

Monday 23rd November

06:30-08:30	Lane Swim	Main Pool
12:30-13:15	Lane Swim	Main Pool
19:15-20:30	Lane Swim	Main Pool

Tuesday 24th November

06:30-08:30	Lane Swim	Main Pool
12:30-13:15	Lane Swim	Main Pool
18:00-20:00	Lane Swim	Main Pool

Wednesday 25th November

06:30-08:30	Lane Swim	Main Pool
12:30-13:15	Lane Swim	Main Pool
19:30-20:30	Lane Swim	Main Pool

Thursday 26th November

06:30-08:30	Lane Swim	Main Pool
12:30-13:15	Lane Swim	Main Pool

Friday 27th November

06:30-08:30	Lane Swim	Main Pool
12:30-13:15	Lane Swim	Main Pool

Saturday 28th November

12:30-13:30	Lane/Family Swim	Both Pools

Sunday 29th November

10:00-11:00	Lane/Family Swim	Both Pools
13:30-15:30	Lane/Family Swim	Both Pools

Monday 30th November

06:30-08:30	Lane Swim	Main Pool
12:30-13:15	Lane Swim	Main Pool
19:15-20:30	Lane Swim	Main Pool

Tuesday 1st December

06:30-08:30	Lane Swim	Main Pool
12:30-13:15	Lane Swim	Main Pool
18:00-20:00	Lane Swim	Main Pool

Wednesday 2nd December

06:30-08:30	Lane Swim	Main Pool
12:30-13:15	Lane Swim	Main Pool
19:30-20:30	Lane Swim	Main Pool

Thursday 3rd December

06:30-08:30	Lane Swim	Main Pool
12:30-13:15	Lane Swim	Main Pool
18:30-20:30	Lane Swim	Main Pool

Friday 4th December

06:30-08:30	Lane Swim	Main Pool
12:30-13:15	Lane Swim	Main Pool

Saturday 5th December

12:30-13:30	Lane/Family Swim	Both Pools

Sunday 6th December

10:00-11:00	Lane/Family Swim	Both Pools
13:30-15:30	Lane/Family Swim	Both Pools

Monday 7th December

06:30-08:30	Lane Swim	Main Pool
12:30-13:15	Lane Swim	Main Pool
19:15-20:30	Lane Swim	Main Pool

Tuesday 8th December

06:30-08:30	Lane Swim	Main Pool
12:30-13:15	Lane Swim	Main Pool
18:00-20:00	Lane Swim	Main Pool

Wednesday 9th December

06:30-08:30	Lane Swim	Main Pool
12:30-13:15	Lane Swim	Main Pool
19:30-20:30	Lane Swim	Main Pool

Thursday 10th December

06:30-08:30	Lane Swim	Main Pool
12:30-13:15	Lane Swim	Main Pool

Friday 11th December

06:30-08:30	Lane Swim	Main Pool
12:30-13:15	Lane Swim	Main Pool

Saturday 12th December

12:30-13:30	Lane/Family Swim	Both Pools

Sunday 13th December

10:00-11:00	Lane/Family Swim	Both Pools
13:30-15:30	Lane/Family Swim	Both Pools

Monday 14th December

06:30-08:30	Lane Swim	Main Pool
12:30-13:15	Lane Swim	Main Pool
18:30-20:30	Lane Swim	Main Pool

Tuesday 15th December

06:30-08:30	Lane Swim	Main Pool
12:30-13:15	Lane Swim	Main Pool

Wednesday 16th December

06:30-08:30	Lane Swim	Main Pool

Thursday 17th December

12:30-13:15	Lane Swim	Main Pool
18:00-20:30	Lane Swim	Main Pool

Friday 18th December

06:30-08:30	Lane Swim	Main Pool
12:30-14:00	Lane Swim	Main Pool
14:30-15:30	Small Splash	Small Pool
16:00-17:00	Family Swim	Main Pool
18:00-20:00	Lane Swim	Main Pool

Saturday 19th December

08:00-09:00	Lane Swim	Main Pool
09:00-10:00	Family Swim	Both Pools
10:30-11:30	Lane/Family Swim	Both Pools
12:30-13:30	Lane/Family Swim	Both Pools

Sunday 20th December

08:00-09:00	Lane Swim	Main Pool
09:00-10:00	Family Swim	Both Pools
10:30-11:30	Lane/Family Swim	Both Pools
12:30-13:30	Lane/Family Swim	Both Pools
14:30-15:30	Family Swim	Both Pools

Pool Supervision

Under 4yrs



1 Adult:1 Child
In the water

4yrs-7yrs



1 Adult:2 Children
In the water

8yrs-10yrs



An adult must remain in the centre whilst children swim

11yrs +



Permitted to use the centre unaccompanied

Members are permitted to bring a maximum of five guests at any one time; the guests must be supervised by the member for the duration of their visit.